

Applecross Strathspey

Strathspey 8x32

Alastair and Carol Cuthbertson

Ken Martlew ©

1-8 1st couple cross R and cast. 2nd couple step up on bars 3,4.
1st couple turn R once round to finish in 2nd place opposite sides.

9-16 Starting from the sides, 1st couple give R shoulders to 4th corners (1st man + 3rd man, 1st woman + 2nd woman) to start reels of three across. 1st couple finish in second place, opposite sides.

17-24 1st couple cross diagonally up between 3rd couple, cast, dance down between third couple, nearer hands joined, and cast up to second place, own sides.

25-32 1st and 3rd couples dance an all round poussette.

Repeat, having passed a couple.

Dance devised by Stuart Anderson to celebrate the Golden Wedding of Alastair and Carol Cuthbertson, Berkhamsted August 2013.

Tune: "Alastair and Carol Cuthbertson" by Ken Martlew.